

S4A



The Queen's Award
for Voluntary Service

Space4Autism
Activities



Who are Space4Autism?

Space4Autism was set up by a group of parents in 2005 and we now provide help and support for our members living with Autism Spectrum Conditions.

Take a look through our brochure to find out how we can support you.

To become a member of Space4Autism please visit our website www.space4autism.com and complete the membership form, you will then receive monthly updates on our services.



Parent / Carer Support

Space4Autism Drop in

Come and relax in our Autism friendly café and chat to a member of our team. Monday to Thursday 10-3pm. **The sensory room and sensory garden will both be available to use for adult members only.**

Professional 1:1 appointments can be booked with

Space4Autism Outreach Team, Cheshire East Autism Team, EHCP support, Department of Work and Pensions, Cheshire East Information and Advice Service and many more.

Space4Carers

Carers monthly coffee morning, lunch club, cookery classes, relaxation therapies, trips out, stress and anxiety sessions, workshops and much more.



Children and Young People Support

Seven Social clubs for School Aged Children 4-18yrs

Weekly clubs either evenings or weekends. These are drop off sessions for 2 hours and the attendees will access a whole host of activities to help with friendships, learning but most of all to have fun.

Art Sessions

Hosted by our resident artist Jacki.

Other Activities

Space to Talk - Counselling service run by Just Drop In
Cookery Classes
School Holiday Club
Fun Days and much more



For more information

Visit us at www.space4autism.com
email info@space4autism.org
Phone 01625 617884

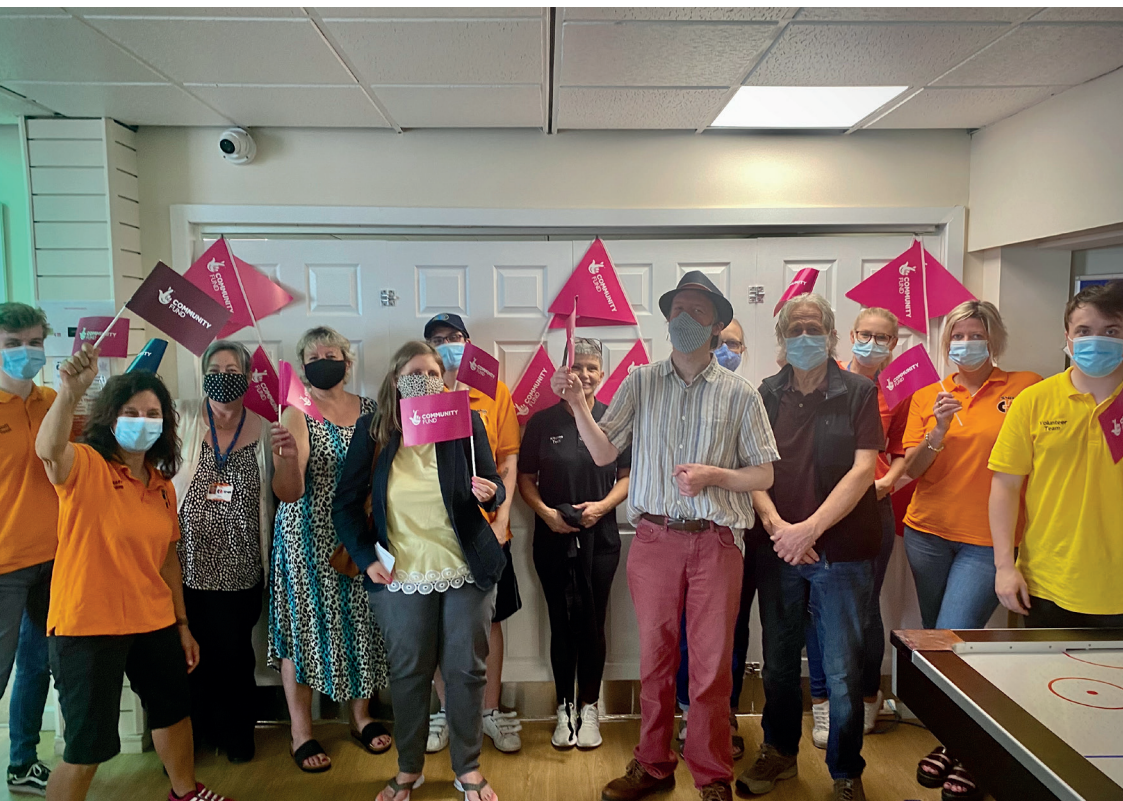
ASC Adult Support

Galaxy Group

ASC social group for adults aged 18+ diagnosed or waiting for an assessment. In-house activities, workshops and social outings.

Counselling Space for ASC Adults

For ASC Adults living within Cheshire, delivered by a trained counsellor with a great understanding of ASC.



Art Sessions

Hosted by our resident artist Jacki.

ASC Adult Hub

A specific ASC adult group facilitated by the Adult Assessment and Diagnosis team.

Other ASC Adult Activities

ASC weekly lunch club.

Bookable 1:1 appointments with the Department of Work and Pensions. Well-being activities.



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Other Services



S4A Café

Open to the whole community and ran by our Award Winning Chef Bozzie from HMY Britannia and his team. The menu is freshly prepared using locally sourced ingredients. Also available; scones, cookies, cakes, and lots of other delicious items to eat in or takeaway.

Opening Times

Mon - Thurs please call or email for opening times.
Lunch served 12-1:30pm

Fridays only – Fried-ay Breakfast Club 9.30-11am.

Check out the daily menu on our Facebook page and website.



Space Shop

Lots of sensory items for sale along with our S4A branded products, bags, and other gifts.

Meeting Rooms for Hire

We have 4 meeting rooms that you can hire out per hour or on a regular basis

Sunflower Suite – Max 4 people

Starlight Suite – Max 15 people

Bluebell Suite – Max 20 people

Space Suite – Max 60 people

All our meeting rooms are equipped with PC, projector, flipchart, tea/coffee & biscuits (apart from the Sunflower Suite).



Disclaimer:

All services are subject to change dependant on funding and staffing.



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Feedback

Thank you so much. I'll message you again when we've completed the checklists so we can go through them. I think they are really going to help us all.

In the 3 years since I found out I am autistic S4A has been invaluable to me. I feel very lucky that it is fairly nearby and would like to do more for S4A but don't feel able at the moment. I think I still have a long way to go in sorting myself out. However I'm OK financially for now so that contribution is no problem. I know it will be used well.

- Adult with ASC

Thank you. It was very good to talk to you today. I think I needed it more than I realised. And you captured our conversation very well.

I just wanted to thank you so much for your time yesterday. You've given me so much to go on and made me realise there is some help and hope out there. In a world that can feel like a lot of closed doors and self-doubt, you were informative and supportive, thank you.

- Parent Carer

I absolutely loved the time spent with your very inclusive, professional welcoming team. Everyone is very clear of their role and can see why you offer and facilitate an amazing service to the local community. Topped off with amazing food served daily. The time spent with you all was so informative. Such a great example of good practice.

This morning after another explosive outburst over nothing in particular I decided to call to your helpline. I am so pleased I did. Just hearing xxxx soothing voice instantly calmed me. She listened and cared. I feel so much better, I can't really put into words just how much better and more positive I feel. xxxx gave me practical advice and talked through the reasons why xxx may be feeling like this now. It was so good to bounce ideas around with her and I have a good action plan of what to do, try and talk about.

- Parent Carer

I spent 14 years supporting children with special educational needs in mainstream schools. I learnt so much from Ben today, I wish I could go back with a much better understanding of some of the children I worked with. I have attended lots of training courses but found none as valuable as what I picked up today.

Many thanks for offering me such a warm welcome at Space 4 Autism on Saturday. It was really inspiring to see all the great work you are doing in Macclesfield.

We found your help invaluable and were much relieved after speaking to you. It was like a breath of fresh air talking to someone who understood our difficulties.

Space4autism are just wonderful it is so nice to know that there is a charity there to help with needs before and after diagnosis.



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Space4Autism

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