

Cheshire East



From 1 January 2023 Making Space became the provider of the Cheshire East All Age Carers Service.

We have been supporting carers for over 40 years and have seen the changing and ever-increasing pressures carers experience. We will provide valuable support to help, **listening to what carers tell us** they need and adapting support accordingly.

DO YOU LIVE IN CHESHIRE EAST AND LOOK AFTER SOMEONE?

If so, whether you are a child, parent, family member or friend, you could be entitled to emotional, practical and financial support through our service.

We want to understand how you are doing physically and emotionally. If you reach out to us for support we will explore how we can help you in your caring role now and in the future.

We will work with you to find solutions and identify support and resources available to you in Cheshire East.



Our support will be personalised and holistic and will consider **with you** all the areas of your life and what is important **to and for you**.

This could include:

- A statutory carers assessment
- One to one support
- Peer support and groups
- Activities
- Carer Breaks
- Training relevant to your caring role
- Volunteering opportunities
- Referrals and signposting to our partners
- Opportunities to shape the service we provide



WHERE YOU CAN FIND US

Our teams are based in various community venues across Cheshire East.

HOW YOU CAN CONTACT US

If you would like to know more information on how we can support you, please contact us using the details below or visit our website.



enquiries@cheshireeastcarershub.co.uk



0300 303 0208



www.cheshireeastcarershub.co.uk

