



# SUPPORTED INTERNSHIPS

## What is a supported internship?

A Supported Internship is a programme aimed at helping young people with a learning disability transition into paid work. This programme is different to other education based programmes- as it involves being in the work place most of the week. Whilst in the workplace all interns will have a Job Coach who will support them to develop their skills and confidence. A Supported Internship is about learning 'real' skills, for a 'real' job- it is not just work experience. The amount of support provided by the Job Coach is different for everybody. However, all interns would usually start with 100% support-which would fade week by week... Until the intern is working completely independently! Interns will also spend part of their week with their education provider (this could be a School, College or Training Provider- depending on where they are doing their Supported Internship). Here, interns will develop their employability skills, as well as Maths and English.

## WHO CAN APPLY?

You must be aged between 16- 24 years old and have a current Education Health Care Plan (EHCP).

There are no entry requirements needed to do a Supported Internship- only the desire to want a job!

## WHERE CAN I DO MY SUPPORTED INTERNSHIP?

- Macclesfield College
- Cheshire College
- Total People
- Park Lane School
- TheSpringboard Project
- Petty Pool
- Safer Opportunities
- Reaseheath College



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