

WHAT TO DO?

www.What-To-Do.co.uk

Free, disability accessible activity sessions!

Welcome to 'What To Do?', your hub for daily adapted-activities!

Designed by the social care charity **Community Integrated Care**, this website offers brilliant live activity sessions and educational resources, free of charge. Specially designed for people who access care and support.

Get Active, Get Creative, Get Playing!



The Creativity Club!
Monday 11am



Cook-Along Live
Tuesday 11.30am



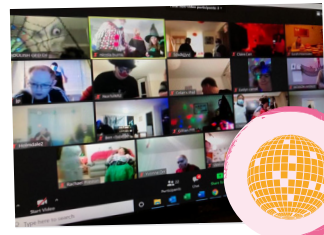
Accessible Dance
Wednesday 11am



Chair-Based Exercise
Thursday 11am



**Adaptable PE
and Games**
Friday 11am



**Virtual Disco
With DJ Ged**
Saturday 6.00pm

Visit www.What-To-Do.co.uk today!

Thank you to
our partners

