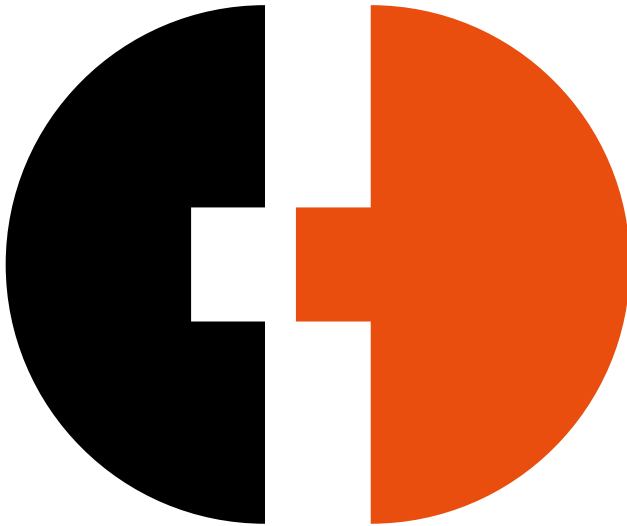


**S4A**



**Space4Autism**  
**2020 activities**



# Who are Space4Autism?

Space4Autism was set up by a group of parents in 2005 and we now provide help and support to over 3000 members living with Autistic Spectrum Conditions.

We hold regular meetings for parents, carers and all age groups of people on the autistic spectrum and also run a range of clubs for all ages using ASC trained staff. Some of the other services we offer include a wide range of courses, special events, days out and drop-in sessions.

Register at [www.space4autism.com](http://www.space4autism.com) to receive regular updates on activities happening at Space4Autism and beyond!



# What's on?

## Space for Kids

ASC social club for children age 4-8yrs. A range of fun, planned activities to help promote social interaction and communication.

**Alternate Saturday mornings:** 2 hours.

## Saturday Club

ASC social club for children age 8-11yrs. A range of fun, planned activities and social outings.

**Alternate Saturday afternoons:** 2 hours.

## Fun Friday

ASC social club for children age 11-14yrs.

To help promote independence, self-advocacy, socialisation and integration into the community.

**Alternate Friday evenings:** 2 hours.



## Space for You

ASC social club for children age 14-18yrs. A range of activities in-house as well as social outings. Confidence building and promoting independence, helping to prepare them for adulthood.

**Alternate Friday evenings:** 2 hours.

## Galaxy Group

ASC social group for adults (18+). In-house activities, workshops and social outings.

**Twice a month.**



## S4A Café

Open 10-5pm Monday - Thursday

Lunch served 12-1.30pm - Dinner served 3.30-5pm

Check our daily menu on our S4A Cafe facebook page and the website.

Scones, cookies and other items are always available, freshly prepared by Chef Bozzie from HMY Britannia and his team.

**Note:** Tuesdays is Tatty Tuesday. Jacket potatoes with various fillings.

Homemade Soup also available.



**For more information**

Visit us at [www.space4autism.com](http://www.space4autism.com)

or call **01625 617884**

## S4A FC

ASC football club for age 9-18 years and coached by Macc Town Juniors.

**Once a month.**

## Cookery Classes with Chef Bozzie

Tuesday 11am to 1pm – adult classes

Tuesday 4pm to 5.30pm – children classes (6yrs+)

Friday 9.30am to 11.30am – adult classes

Booking is essential – email [claire@space4autism.org](mailto:claire@space4autism.org) to book



## Yoga and Mindfulness

Held twice a month. Adults 18+ only, held in our quiet sensory space.  
7pm to 8.30pm – no need to book.

## Space4Carers

Each month we will be having various activities including social outings, check our website for more information.

## Space4All

During school holidays we change our opening hours – see below

10am to 12noon – adults only.

12 to 1.30pm – lunch menu available, all ages welcome.

1.30pm to 4pm – Open play for the whole family to get together with crafts, games, pool, air hockey and much more, our quiet sensory space is also open during this time and the S4A Café is open to purchase refreshments and cakes.

**Check out the website for school holiday dates**



For more information

Visit us at [www.space4autism.com](http://www.space4autism.com)

or call **01625 617884**

## Art Therapy

Ran by our resident artist Jacki.

Adult Classes Mon and Thurs 1pm – 3pm

Children's Classes (aged 8-14yrs) Mon and Thurs 3.30pm - 5pm

Booking is essential – email [claire@space4autism.org](mailto:claire@space4autism.org) to book



## S4A Autism Training Programme

For Parent/Carers living in Eastern Cheshire CCG area

Autism training delivered by trained professionals, including speech and language therapists, specialist nurses, therapists, sleep practitioners and our own in-house staff team.

Please email [kim@space4autism.org](mailto:kim@space4autism.org) for more details







## ASC Adult Support Group

A specific ASC adult group facilitated by the adult assessment and diagnosis team, a chance to come along for an informal chat to the professionals.

Held on the 1st Wednesday of each month 1-3pm (no need to book)

## Counselling Space for ASC

For ASC adults living within Cheshire. Delivered by a trained counsellor with great understanding of ASC 1 to 1 appointments bookable via [claire@space4autism.org](mailto:claire@space4autism.org)



For more information

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## Made In Space Shop

Within our Space Centre we also have a "Made in Space" shop whereby you can purchase lots of lovely gifts including cards, mugs, jewellery, tropical plants, soft toys, art work, S4A clothing and much more. All either made or supplied by our members.

## Meeting rooms for hire

We have 3 meeting rooms that you can hire out per hour.

**Adelaide Suite** - Max 15 people

**Bluebell Suite** - Max 20 people

**Space Suite** - Max 60 people

All our meeting rooms are equipped with PC, Projector, Flip Chart, Tea/ Coffee and Biscuits.

Please email [info@space4autism.org](mailto:info@space4autism.org) for more details.



# Open Space

Come and relax in our autism friendly café and chat to a range of different ASC professionals, Monday to Thursday 10:00am-3.00pm. This is primarily for adults, however pre-school children are welcome to come along for lunch. See [www.space4autism.com](http://www.space4autism.com) for information about professional visitors attending on specific dates.

## Afterschool Space

Our afterschool club includes games, lego, trains and much more. Our S4A Café is open for dinner and there will also be access to IT equipment and a quiet homework area in the sensory café area. Children must be supervised at all times. Monday to Thursday 3.30pm to 6pm.

*Please note: The whiteboard and quiet sensory space is not available during these sessions.*

### Other activities at Space4autism

Occupational Therapy sessions - *book by appointment only*

Cheshire East Autism Team (CEAT) 1:1 sessions - *book by appointment only*

Cheshire East Information Advice and Support (CEIAS) 1:1 sessions - *book by appointment only* • Sleep therapy workshops • Family Fun Days

Educational Workshops • Employment Workshops

Work Experience Programme • O2 Techy Sessions • Fundraising Events

*and much more....*



For more information

Visit us at [www.space4autism.com](http://www.space4autism.com)

or call **01625 617884**



## Space4Autism

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Charity No: 1141860

